## Thisty Joh Health? Fuel up on water!





Drinking tap water is: The best way to hydrate. Environmentally responsible.

**Municipal water meets** the highest quality standards!

## Thirstyforhealth.ca

The I'm Thirsty for Health in my municipality Campaign is a Quebec Weight Coalition (Coalition Poids) initiative designed in partnership with the Plateau Lanaudois Intersectoriel and the Centre intégré de santé et de services sociaux de Lanaudière.



Une initiative parrainée par l'Association pour la santé publique du Québ